



ST. ANTHONY OF PADUA
CATHOLIC COMMUNITY
ALL ARE WELCOME

Athletic Handbook 2020-2021

Revised April 2020

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“United by faith and service, St. Anthony of Padua School community forms knowledgeable students who are moral and courageous Catholic leaders.”

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I. Philosophy

St. Anthony of Padua School believes that an athletics program provides an opportunity for students to acquire tools for lifelong personal growth and fulfillment of potential. These tools include self-discipline, the ability to work as part of a team, perseverance, desire to play fair, and grace in winning and losing. Furthermore, lifelong participation in physical activity is valuable for physical health, mental health and fitness of all of our athletes. We recognize that participation in athletic programs is one of many avenues in developing a well-rounded Catholic student and we encourage our students to participate in team sports. While we encourage sport participation as a whole, we are genuinely concerned with a Christian attitude and sense of fair play in all athletic competitions.

To provide the most significant benefit to participants, we will provide adult role models who exemplify the kind of behavior and leadership to be developed from the program. St. Anthony is committed to providing, within the limits of available resources, competitive programs for all students who wish to participate. While the school takes great pride in winning, we do not condone winning at any cost and discourage any and all pressures, which lead to poor sportsmanship and neglect of good physical and mental health. At all times, the athletic program will be conducted in a way that is complementary and supportive of the educational and spiritual programs of St. Anthony of Padua School.

Athletic participation is voluntary. Participation in athletics may not guarantee equal playing time. Participation in a sports team is a revocable privilege. With that privilege comes responsibility. Athletics are just one of many parts of the education program that is provided to students. Students attend school to learn and therefore academics will always come first. Maintaining academic eligibility is the responsibility of the student, not the coaches or teachers. Eligibility can also be lost because of poor attendance or citizenship. Participating in athletics and being on a team may mean sacrifices. The commitment an athlete makes to his/her team and coach requires that choices be made and priorities kept.

St. Anthony athletic programs are coordinated by an athletic director under the supervision of the dean of students and principal. All financial aspects of the program are administered by the Athletic Boosters Club in collaboration with, and oversight of the Parish Business Office. Coaching positions are on a volunteer basis and parents are encouraged to offer their time and talents as coaches.

II. Athletic Boosters

In recognition of our common goals and mutual aspirations with the school, this organization is established to foster the growth and continuance of physical education at St. Anthony; further to implant firmly in the children of St. Anthony the ideas of reverence, sportsmanship, honesty, loyalty, and courage through a supervised competitive and non-competitive curriculum with the responsibility of supporting and devising a program of charitable support for St. Anthony athletics.

The Athletic Boosters Club will conduct fundraising events and activities in cooperation with and school administration. All fundraising proposals need to be approved by school administration and the Pastor. The Boosters will maintain the gym and athletic facilities, equipment, and concession area. Booster Club membership consists of parents, coaches, alumni or parish volunteers. Booster Club leadership are elected members who will manage Booster Club events and activities.

III. Sports and Fees

St. Anthony of Padua School in alliance with GRACEAC and Catholic United offers the following sports:

SEASON	BOYS	GIRLS
Fall	Football 5-8	Volleyball 5-8
	Soccer 5-8	Sideline Cheer 5-8
	Cross Country 6-8	Cross Country 6-8
Winter I	Basketball 5-8	Competitive Cheer 7-8
		Sideline Cheer 5-8
Winter II		Basketball 5-8
Spring	Baseball 5-8	Softball 5-8
	Track 5-8	Track 5-8
	Lacrosse 5-8	Soccer 5-8
		Lacrosse 5-8

Fees are billed through the SMART tuition account system. GRACEAC bills schools per team for school-based sports and per player for Catholic United sports. Sports fees are collected each fall from every family who has a child(ren) participating in a St. Anthony school sport. In most cases, an athlete will not receive a uniform until the sports fee is paid. The fee is set in the spring and will be communicated during the summer newsletter. Late fees are imposed if registrations occur after the deadline.

IV. Athletic Code of Ethics

It is the duty of all concerned with the St. Anthony Athletic Program:

- To **emphasize** the proper ideals of sportsmanship, ethical conduct, and fair play.
- To **stress** the values derived from playing the game fairly.
- To **show** cordial courtesy to visiting teams and officials.
- To **establish** a congenial relationship between visitors and hosts.

- To **respect** the integrity and judgment of sports officials.
- To **achieve** a thorough understanding and acceptance of the rules of the game and the standards of eligibility.
- To **encourage** leadership, use of initiative, and good judgment by the players on the team.
- To **recognize** that the purpose of athletics is to **promote** the physical, mental, moral, social, and emotional well being of the individual players.
- To **remember** that an athletic contest is **only** a game.

St. Anthony is committed to the exhibition of sportsmanlike and ethical behaviors in and around all athletic events. All contests must be safe, controlled, fair, courteous, and orderly for all athletes, coaches, guests, and fans. Poor sportsmanship in any form will not be tolerated. St. Anthony will require that the following Code of Ethics be issued to each athlete, each year and will require signing by student-athletes and parent(s)/ guardian(s) each year prior to participation.

V. Student-Athletes

- 5.1 Any student participating in athletics and representing St. Anthony School MUST exemplify good character and Christian behavior.
- 5.2 Physicals, written permission from a parent or guardian, proof of insurance, and sports fees are required each school year by each participant prior to a student's participation in practices and/or games. No uniforms will be given to an athlete until all the requirements are met.

Please refer to www.GRACEAC.com/forms for the MHSAA Physical Examination Clearance Form.

- 5.3 Athletes at St. Anthony School may participate in only one school sport per season with the exception of track in the Spring. Students may participate in track AND another spring sport.
- 5.4 St. Anthony students may participate in a sport at St. Anthony School and a non-Grand Rapids Area Catholic Elementary Athletic program, provided that IT IS UNDERSTOOD THAT THE STUDENT'S FIRST PRIORITY IS TO ST. ANTHONY SCHOOL ATHLETICS. IT IS NOT PERMISSIBLE FOR A ST. ANTHONY STUDENT TO MISS A ST. ANTHONY PRACTICE OR GAME TO PARTICIPATE IN A PRACTICE OR GAME FOR ANOTHER LEAGUE (unexcused absence).
- 5.5 A student may not participate in games or practices if he/she is not in school on the day of that particular weeknight game or practice. If a student misses school on Friday, that student may participate in a sporting event on Saturday. If a student is back to school by noon on any school day, they may participate in a sport on that day. If a student is

suspended from school, he/she is, at the minimum, suspended from all practices and games for the corresponding days.

- 5.6 Jewelry and Clothing: During sporting events, no athlete may wear earrings, rings, hair barrettes, necklaces, headbands, undershirts, or shirts that are not the dominant color of the uniform.
- 5.7 All sports practices for students in grades 5-6 will end by 9:00 pm; grades 7-8 may extend to 9:30 pm.
- 5.8 The last day a student-athlete can sign up for a sport is ten school days or two weeks before the first game.
- 5.9 The use, possession, sale, or furnishing of alcohol, drugs, steroids or any controlled substance will result in athletic penalties, including or up to suspension or removal from the team.
- 5.10 Athletes agree to treat property with respect and not intentionally damage facilities or property.

Athlete Responsibilities

Athletes will conduct themselves in a Christian manner at all times, remembering that they are representing St. Anthony of Padua School.

Athletes are responsible for attending all practices and contests related to their sport including sideline cheerleaders who must attend all games of the teams for which they cheer. Exceptions will be made when a combined squad is cheering for two different teams and those teams are not playing at the same location on the same day. If those two teams are both playing at the same site, the cheerleaders will be expected to cheer for both games. Otherwise, the squads will be expected to rotate between teams.

Athletes are held to Academic Eligibility standards as established by the St. Anthony of Padua Education Board of Directors.

Technical fouls for player misconduct will not be permitted. Penalties for player misconduct and unsportsmanlike conduct by a St. Anthony student in uniform will not be permitted. The eligibility policy will be referenced when making determinations of disciplinary action. Coaches must notify the athletic director and school principal of the infraction. The player will not wear his/her uniform in the next game and will sit out the duration of the game during which the infraction occurred.

Athletes are expected to address any problems or complaints with the coach.

VI. Coaches

Volunteer coaches direct students who choose to participate in the St. Anthony Athletic Program. The coaches assume full responsibility to set their team rules and discipline policies, within the guidelines of this document. The coaches are to be given the same respect as any other authority at St. Anthony School. Our coaches aspire to be:

A person of...

Faith - Exhibits a strong belief in God and encourages athletes and assistants to express their Christian beliefs in prayer and action.

Character - Possesses Christ-centered integrity and models and demands the highest respect, discipline, behavior, and sportsmanship from players and parents.

Enthusiasm - Exudes a positive attitude and passion for the sport that inspires, attracts, encourages, and unifies the team and program.

Knowledge (based on experience) - Understands the sport with basic and advanced skills, sound and innovative coaching techniques, practice and game strategies, health and safety issues, and can build a capable team.

Commitment - Focuses time, energy, and attention to promote the welfare (academic and athletic) of each athlete, the success of the team, and the rich tradition of the school.

Who knows how to...

Communicate - Honestly and openly with administration, staff, players, parents in the best interest of the school and program.

Organize - Meets deadlines, inventories uniforms, oversees eligibility, attends clinics and meetings, supervises and promotes care of facilities, meets with staff and parents as needed.

Lead - Contributes to the vision and goals of the program and the mission of the school, works with the athletic director and fosters good public relations.

Coaching Selection:

- The athletic director will monitor all coaching assignments.
- In order to maximize parental involvement in coaching, a person may be a head coach for only one team per school year, unless approved by the athletic directors or school administration.
 - Exception: If a coach is needed and no other volunteers are interested, a person may be asked to be a head coach for a second sport.

- The incumbent head coaches may retain their positions if they desire with approval by the school.
- If a person has already been a head coach during the current school year, he/she may volunteer to assist with other teams.

Assistant Coaches:

- Coaches may have as many team helpers as desired, but the school/Athletic Boosters will only recognize one assistant coach. Exception: football and track – two assistants will be recognized.
- Assistant coaches will not be assigned until after a team split.

Coaching Evaluations:

- The athletic director and dean of students/principal will evaluate and have on file an evaluation of each head coach. This evaluation will be based on the St. Anthony coach's profile.
- A coach may be relieved of coaching duties for not adhering to coaching policies or Catholic practices.

Team Splitting:

- All sports teams will be split EVENLY for both combined teams and/or grade-level teams.
- The split will take place after a minimum of two practices.
- Both head coaches will be present and in agreement on the split.
- The athletic director will serve as a witness to ensure fairness. If coaches can not agree, the athletic director will split the teams.
- If needed, a coin toss will decide who goes first.
- A coach may (automatically) get his or her own child.
- Assistant coaches will be assigned to their own child's team after the split.

Gym Usage:

The gym is used by the church, school, social groups, and athletics. Athletic practices may take place at other locations. Practice and game schedules are approved by the athletic director and the Parish Office and posted on the athletic calendar. All other events need to be approved by the Parish Office. Events may be rescheduled. In the event of school closings due to weather all games and practices must be cancelled. Coaches must return issued keys at the end of each season.

Coach Responsibilities

Coaches are expected to treat athletes in a Christian manner at all times, and to act as a responsible role model for student-athletes while representing St. Anthony of Padua School in a positive manner. Berating, humiliating and making negative statements will not be tolerated.

It is the responsibility of each coach to attend the league meeting for the team they are coaching.

Coaches will adhere to the established practice schedule and communicate practice times and, in writing, notify athletes in advance when changes are made. Coaches will remain with athletes at practice until ALL athletes have been picked up.

Coaches will be responsible for communicating with parents and the athletic director when a problem arises with an athlete (i.e.: missed practices or games, behavior problems). Coaches are expected to address concerns from athletes and parents and maintain communication with the athletic director regarding the concerns.

Coaches are asked to attempt to deal with any fan/parent problem that may arise during a game if possible. If problems arise at games or at practices with an athlete, parents or fan it is the responsibility of the coach to notify the athletic director immediately.

If a coach finds it necessary to suspend an athlete from a game, the coach must notify the parents and the athletic director immediately.

If an athlete is injured during a practice/game, the athletic director and/or principal need to be notified as soon as possible. It is recommended that the coach follow up on the injury with the athlete and parent to determine readiness for return to play. ***An accident report form needs to be completed and turned into the school office within 24 hours of the incident.**

VII. Eligibility

St. Anthony of Padua School has an eligibility code for extra-curricular activities published in the school and athletic handbook. The purpose of this code is to encourage responsible academic effort and proper conduct among students prioritizing academics over extracurricular school activities. This applies to sports and all other voluntary extra-curricular activities.

A student at St. Anthony of Padua School entering 5th, 6th, 7th, or 8th grade is automatically eligible at the beginning of the first semester. A student keeps his/her eligibility until a student is deemed ineligible based on:

1. Academic Ineligibility: An 'E' or 'F' grade in any class on a report card or progress note (not due to make-up work from absence or illness)
2. Behavioral Ineligibility: Discipline/behavior (issues that are chronic, repeated or severe in nature, see school handbook for details)

Eligibility starts the second week of each semester. Teachers will keep grades current and posted for all students.

- **LEVEL ONE** – Is the warning level. If a student has a failing subject area grade of 59% or lower, he/she will be placed on an eligibility list. The first time a student is on the list is considered a warning. Once a student has received the warning level, he/she will remain on the eligibility list for the entire semester. The

student will have one week to bring that grade up to a passing grade (60% or higher). While on Level One, students can continue to practice and play in games. Any students that do not bring the failing grade up to passing will be given a level two status.

- **LEVEL TWO** – Level Two requires a meeting with parents and school administration to develop an improvement plan. Students WILL attend all practices, rehearsals, games, etc. for the given activity, but WILL NOT participate in a game or competition until notified by the administration. If that student brings his/her grade up to a passing level in the next week, they will be given a Level One status and may resume extracurricular attendance with active participation. If the student does not bring that grade up to passing, they may move to a Level Three status. If a student does not attend the practices, rehearsals, games, etc., he/she will automatically move to Level Three. (Student Government students who are at a Level Two eligibility, will not participate in meetings and events. Instead, the alternate will fill in.)
- **LEVEL THREE**– Level Three means that improvement has not been made, and the student will be removed from the team/activity for the remainder of the season.

All students on the eligibility list will be removed and start over at the beginning of the second semester. All coaches, teachers, parents, students, and administrators will be notified of any student being placed on an eligibility list.

These levels are cumulative per student, per season. It is not based on individual subjects/ classes. School administration reserves the right to immediately move students to Level Three status for serious offenses.

Students with identified special needs will need to follow the same guidelines within the framework of their IEP, 504 plan, or accommodations plan.

- 7.1 Once a student is deemed ineligible, their eligibility will be reviewed weekly by teachers and administration during that current sport season. The weekly period of ineligibility is from Monday at 3:00 pm to the following Monday at 3:00 pm.
- 7.2 Eligibility status is renewed at the start of each new season; fall, winter I, winter II, spring.
- 7.3 The administrator has the discretion to make exceptions when special circumstances arise.
- 7.4 Students who are ineligible for a game may not suit up for the game. A student may sit on the bench with their team, as long as they are not in uniform.

- 7.5 If a student plays in a game in which he/she has been declared ineligible, the student will be unable to participate in that sport for the duration of the season. If the offense is repeated in another sport, the student will be eliminated from further athletic competition for the remainder of the school year.

Communication is an important part of eligibility. The dean of students or principal will communicate with the student, parent, coach, and athletic director on a regular basis. Questions or grievances about eligibility should be directed to the principal for investigation and remediation.

VIII. Attendance

- 8.1 Tardy Ruling: Students are to arrive on time for practices and games. Students who violate this rule will be subject to disciplinary action at the discretion of the coach.
- 8.2 Absence Ruling: Students are expected to attend all scheduled practices and games. Excused absences are when students are not in school due to illness. The head coach must approve all other absences from practices and games. If a student does plan to be absent from a practice or game, he or she must notify the coach in advance.
- 8.3 Consequences for Unexcused Absences: 1st Offense: Coach's discretion of disciplinary action; parents must be notified by the coach. 2nd Offense: The student is eligible to participate in the first game immediately following his/her infraction. The parents and the athletic director are to be notified by the coach.

IX. Competition

- 9.1 When two St. Anthony School teams meet in an Invitational or Tournament game, the higher seeded team will advance without playing. If the teams face one another for the championship game, they will be named co-champions.

X. Grievances

The grievance process is intended to be a process whereby concerns of alleged unfair treatment of student-athletes can be addressed in a timely manner. It is our belief that a quick and honest discussion between all parties will result in the positive resolution of concerns. The lists below of legitimate and non-legitimate grievances are intended to be guidelines, not an all-inclusive list.

Legitimate Grievances:

- Failure to provide due process in disciplinary action
- Failure to provide a fair opportunity to compete to make the team (cut-off)
- Mistreatment of athletes: Putting students down with foul/inappropriate language

- Any violation of an adopted code: ethics\conduct\activity
- Pressuring an athlete to play hurt

Non-legitimate Grievances:

- An athlete not given enough playing time
- An athlete not playing the right position
- Strategies used by the coach
- The win/loss record of the team or coach

10.1 Conflicts between a player(s), or parent(s) of the player(s), and the coach should be addressed between the parties. If the conflict is a result of a contest or game, the parties must adhere to the 24 hour “cooling off” period before addressing the issue. If the problem remains unsolved, either party should contact the athletic director for intervention. If the problem still persists, parties may request intervention from the dean of students and/or principal, where the final decision is binding and final.

XI. Parents

Sports programs enhance the formal education of the student by teaching valuable lessons such as goal setting, teamwork, commitment, decision-making, and critical thinking. However, St. Anthony recognizes PARENTS as the primary educators of their children, with the ultimate duty of promoting academic responsibility at home and at school. The parent(s) may decide to withdraw their child from a sports activity for poor academic progress. It is expected that the parent(s) will speak to the coach of the athlete involved before they take this action.

11.1 New families and 5th-grade parents are responsible for attending an informational parent meeting each fall and signing the Sports Waiver. The Sports Waiver must be on file with the athletic director before the student participates in any St. Anthony sponsored sport for that current school year.

11.2 All parents (grandparents, or older siblings in high school), whose children participate in St. Anthony’s 5th-8th grade sports program, must volunteer to work at least 3 two-hour shifts in the St. Anthony concession stand or admission table/gate. People who would like to opt-out of their work responsibilities can pay a fee of \$10.00 per hour or \$60.00 instead of working. Some exceptions are made for those who fulfill the duties of the booster organization. Parents who fail to fulfill their work obligations will be billed \$10.00 per unfulfilled hour. No uniform will be issued to that parent’s child(ren) the following season until that fee has been paid.

Parent Responsibilities

Parents are encouraged to attend their child’s games and to act in a Christian manner, remembering that they represent St. Anthony of Padua School.

Parents are expected to ensure that their child attends all practices and contests related to his/her sport. It is the responsibility of the parents to make contact with the coach if their child

is going to miss a practice or game. If contact is not made, it will be an unexcused absence, and penalties as previously outlined in this handbook will be invoked.

Parents are responsible for making sure that their student-athlete has proper transportation to and from practices/games and that the athlete is dropped off and picked up in a timely manner. Coaches will remain until each athlete has left the site, but it is necessary for parents to realize that coaches should not have to remain for more than a few minutes after practices/games.

Parents should not be instructing their child during practice and should respect the coaching staff and direct any comments or suggestions to the coaches. Siblings are not allowed at practice unless accompanied by a parent.

XII. Spectator Guidelines

Spectator Responsibilities

The enthusiasm for sports among many spectators indicates that they play a vital role in the development of good sportsmanship. Their habits and reactions determine the quality of sportsmanship, which reflects upon the reputation of their school. It is required that all spectators:

1. Know and demonstrate the fundamentals of sportsmanship.
2. Censure fellow spectators whose behavior is unbecoming.
3. Respect the property of the school and the authority of school officials.
4. Show respect for an injured player when he/she is removed from a contest.
5. Refrain from heckling, jeering, or distracting members of the opposing team.
6. Refrain from criticizing the players or coaches for the loss of a game.
7. Respect the judgment and strategy of the coach, and refrain from second-guessing decisions made by the coaches or officials.
8. Never use profane language or engage in obnoxious behavior, which is contrary to good sportsmanship.

XIII. Uniforms and Apparel

- 13.1 St. Anthony of Padua has the right to limit and deter unlawful use of its name, church logo, school logo, and its athletic logo. St. Anthony apparel is designated as either school apparel or athletic apparel. Any apparel/wear with a St. Anthony or "Wildcat" or "Wildcats" word, insignia, or logo must be approved by School Administration. Any apparel that lawfully uses the St. Anthony name/logo must be purchased and sold by the Boosters Club or school administration.
- 13.2 Uniforms are issued at the start of each season. Uniforms must be turned in promptly and in good condition (clean and in good repair) at the end of that particular activity. Return uniforms to the school office in a bag with the athlete's name on the bag. Athletes will not be allowed to participate in the next school sport unless the previous

uniform has been turned in. The athlete's parents will make restitution for any damage to or loss of equipment or uniforms at the full and current replacement cost. Please read and follow washing instructions for each uniform.

XIV. Concussions

All student-athletes and their parent/guardian must receive information about concussion and head injury before beginning athletic competition. Students suspected of sustaining a concussion or head injury must be removed from play and not allowed to return to the sport until he/she is evaluated by and receives written clearance from a licensed health care provider trained in the management of concussion and head injury. Signs and symptoms of concussion can show up right after the injury or may not appear or be noticed until days or weeks after injury. Be aware of the signs and symptoms:

Signs observed by Coach:

Appears dazed or stunned
Is confused about assignment or position
Forgets an instruction
Is unsure of game, score, or opponent
Moves clumsy
Answers questions slowly
Loses consciousness (even briefly)
Mood, behavior, or personality changes
Can't recall events prior to hit or fall
Can't recall events after hit or fall

Symptoms reported by athlete:

Headache or "pressure" in head
Nausea or vomiting
Balance problems or dizziness
Double or blurry vision
Sensitivity to light
Sensitivity to noise
Feeling sluggish, hazy, foggy or groggy
Concentration or memory problems
Confusion
Just not "feeling right" or "feeling down"

- 14.1 If there is suspicion that an athlete has a concussion, remove the athlete from play and seek medical attention.
- 14.2 If a concussion has been diagnosed, the athlete must remain out of play until a qualified healthcare professional, experienced in evaluating for concussion, reports with written documentation that he/she is healthy to return to play.

Please refer to www.CDC.gov/headsup for additional information and concussion screening.

XV. GRACEAC

St. Anthony of Padua athletics works in collaboration with the policies of the Diocese of Grand Rapids and GRACEAC (Grand Rapids Area Catholic Elementary Athletic Council). The GRACEAC Commissioner is Conrad Cuncannan. For information regarding GRACEAC rules, policies, contacts and forms, please refer to www.graceac.com.

15.1 Minimum Playing Time

SPORT	GRADE 5/6	GRADE 7/8
Soccer	15 minutes	15 minutes
Football	Varies 6-8 plays per game	Varies 6-8 plays per game
Basketball	6 minutes	6 minutes
Baseball	2 full innings in the field, 1 at-bat	2 full innings in the field, 1 at-bat
Cheerleading	n/a	n/a
Volleyball	16 serves per match, 10 serves per postseason	16 serves per match, 10 serves per postseason
Softball	2 full innings in the field, 1 at-bat per game	2 full innings in the field, 1 at bat-per game
Track	n/a	n/a
Lacrosse	TBD	TBD

Catholic United sport in BOLD

15.2 Maximum Practice Time

SPORT	PRESEASON		IN SEASON	
	# PRACTICES	# HRS	# PRACTICES	# HRS
Football 7/8	varies - Catholic United			
Football 5/6	varies - Catholic United			
Basketball 7/8	3	4.5	3	4.5
Basketball 5/6	3	4.5	3	4.5
Baseball 5/8	4	8	3	6
Softball 5/8	4	8	3	6
Track 5/8	varies - Catholic United			
Soccer 5/8	4	10	3	6
Cheerleading 7/8	varies - Catholic United			
Cheerleading 5/6	varies - Catholic United			
Volleyball 5/6	3	4.5	3	4.5
Volleyball 7/8	3	4.5	3	4.5
Lacrosse 5/6	varies - Catholic United			
Lacrosse 7/8	varies - Catholic United			

PARENT/STUDENT ACKNOWLEDGMENT OF ATHLETIC HANDBOOK AND CODE OF ETHICS

Dear Parent:

It is important that you and your student-athlete read and review the contents of this handbook. It contains notices of St. Anthony Athletic Policy and Procedures. Please sign and return this page to indicate that you have read and reviewed the handbook and Code of Ethics with your child.

I understand and consent to the responsibilities in the St. Anthony policies as outlined in this handbook. I also understand and agree that my child shall be held accountable for the behavior and consequences outlined in these policies at school and at school-sponsored events regardless of time or location. I understand that any student-athlete, coach, parent, or caretaker, who violates the rules established by the Michigan High School Athletic Association, GRACEAC or St. Anthony is subject to discipline and/or suspension from participation as described in those rules. I further understand that any student-athlete who violates the school's rules of behavior shall be subject to disciplinary action.

Student (Print Name)

Date

Student Signature

Date

Parent/Guardian Signature

Date
